



This is to certify that

Amy Saunders

has successfully completed the

REHAB TRAINER

Course Modules 1-4



A highly practical, gym-based approach to the safe and effective training of injured clients.

This course qualifies the above trainer to engage new skills, loosely defined as "rehab", in order to reduce clients' pain from injury or training.

Total number of ACE accreditation points: 2.8

Ulrik Larsen

APA Sports Physiotherapist
Rehab Trainer
June 2011



America's Authority on Fitness®